

ॐ Life Is Magical ॐ All Things Are Possible ॐ I Am Magical ॐ

I Am A Magnet To Money & Wonderful Opportunities Abound & I Am One With The Divine

I Am A Magnet To All Good & I Love The Eternal In Everyone & I Always Take Right Action

The Magic OF AFFIRMATION POWER

by
Michele Blood

ॐ I Can Do It ॐ I Persist Until I Succeed ॐ I Am Grateful ॐ

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email team@TheMysticalExperience.com

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Dedicated to

The Most Compassionate
Loving Enlightened Teacher

Kundalini

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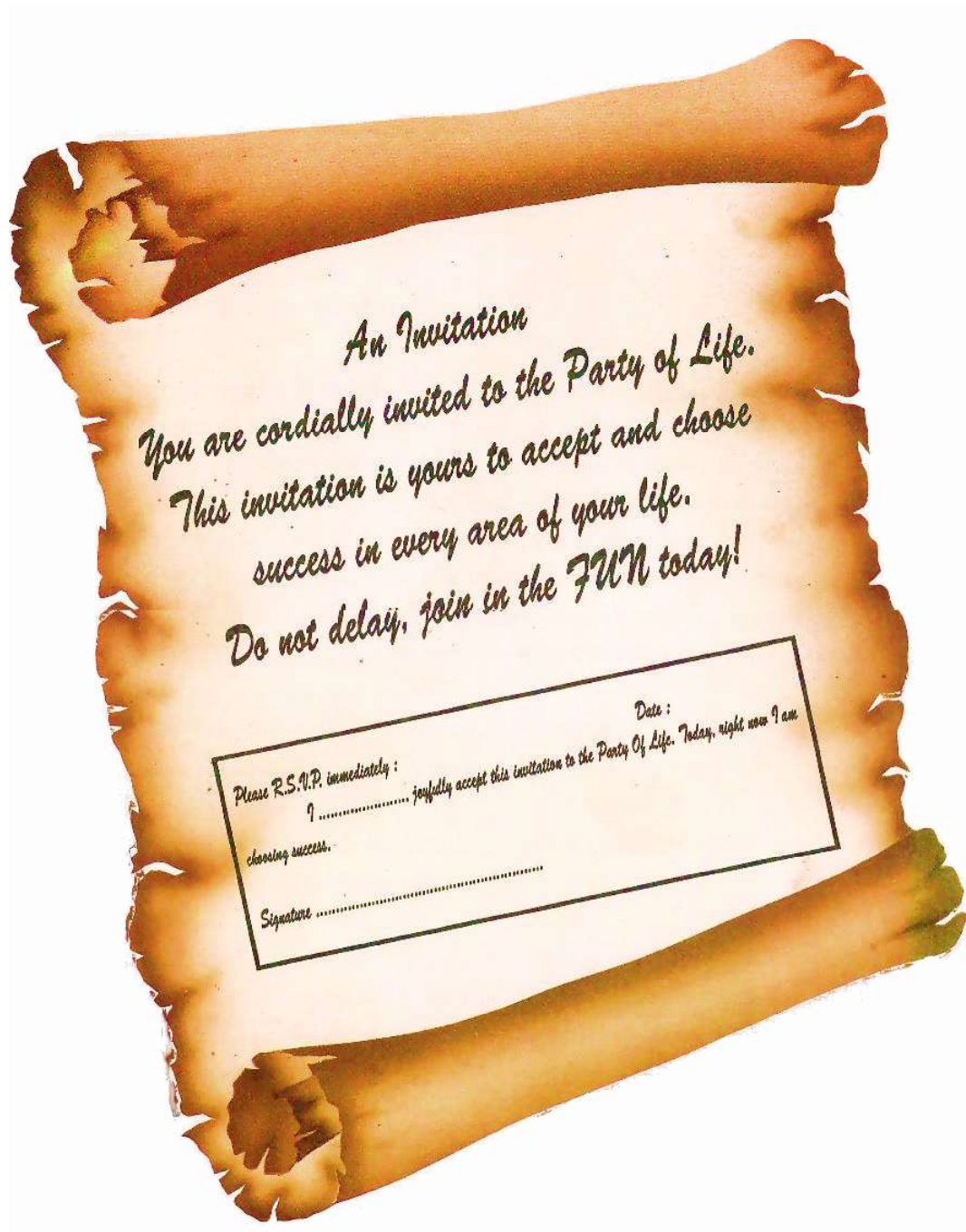
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"Excellence is an art won by training and habitation. We are what we repeatedly do. Excellence then, is not an act but a habit."

- Aristotle

Shakespeare said, "All the world's a stage, and all the men and women merely players." Life is your own play. Today you can begin to choose happiness, success, perfect health, great relationships. All good can be yours. This is your life. Before you open the next page, make sure you have committed yourself to a better life by signing your acceptance to your New Life. Commit yourself to excellence. There is nothing stopping you. Fill yourself with joy, knowing that the next page you turn is your new beginning.

Turn to the next page of your new life.



Introduction

I decided to update and re-release this book that I wrote back in 1993. I want people to understand the awesome power of affirmations, and that they can totally change one's life, especially when created through song.

When I first wrote my affirmation songs, not only was my body healed, but my entire life went into a new vibration of success, happiness, and higher consciousness. I began to have high, mystical experiences. Affirmations are not to be undervalued in their ability to uplift consciousness.

Because of the affirmations, I was becoming more aware in consciousness, and I had more clarity. I felt like my heart was glowing from the inside out. I had a newfound and deep love for the Divine. My life became so dear and beautiful that it was as if I had been reborn within the same body. I travelled the world, sharing stages with Bob Proctor, Louise Hay, Deepak Chopra, Wayne Dyer, Stuart Wilde, and many other superb teachers of positive thought and the metaphysical.

The greatest experience of my life however was meeting an Enlightened Teacher in the USA Kundalini. Because of my new consciousness I was, at last, being taught by someone who not only knew God but was also an Enlightened Teacher of such wit, humor, and compassion. A truly beautiful soul. I was home at last.

I began practicing my meditation more deeply than ever before, and it was possible because this beautiful Teacher transmitted Divine Light directly to her students. This high vibrating Holy Light, sometimes called Shakti, assists in awakening our own Kundalini. This transmission of Light makes one's spiritual journey oscillate at a much faster frequency than we could ever

create on our own. It is a true gift from on High to meet an Enlightened Teacher who will agree to teach you and who speaks your language. Very rare.

I started after a few years studying with Kundalini to go through many beautiful Mystical Experiences, including what I call the Stargate Experience. I was pulled into this tunnel of Light and taken into different, higher dimensions. Eventually, my Kundalini awakened. It was not always easy, however the experience was worth everything to become free.

I now travel the world teaching and have beautiful people who are a part of what I now call The Mystical Experience # who are also uplifted and changed. Life becomes richer in all areas of one's life through raising consciousness. I know that none of this would have happened without first using the power of the affirmation music that I wrote to heal my body from a horrific car accident. May this book that is being re-released uplift your spirits and awaken you to new possibilities for your life's success, happiness and Enlightenment.

Always Remember: The Divine Presence IS with you.

www.TheMysticalExperience.com

Kundalini AKA Nicole Grace www.LikeSwans.com

My Life Changing Epiphany: The Big Secret

"We are what we think. All that we are arises with our thoughts. With our thoughts, we make the world." The Buddha

The Buddha taught this over two and a half thousand years ago, so it's not such a big secret. With our thoughts, we create the world. You can use your thoughts through positive affirmations, visualization, meditation, and music. With the combination of all four methods, it only takes a few short months to turn your entire life to the positive.

I know you want a better, richer, and more successful life. I know this, for deep inside, we all do, and that is why I congratulate you. You are not one of the millions who sit at home night after night in front of the TV hoping and praying that one day, maybe if they win a lottery, if only this, if only that; everybody else is just lucky, they say. Do you know what luck stands for? Luck stands for learning and loving under correct knowledge. Statistics have proven that most people who win the lottery generally lose it quickly because they do not resonate with wealth in their consciousness, and so they were not prepared for such a large change in lifestyle.

When you are prepared in consciousness to accept prosperity and to be healed, then true positive change can be your experience. You are a magnet through your thoughts. Through changing your thinking, you can become as rich, healthy, and happy as you wish to be. You must decide you want a better life and then take the advice in this book. All it takes is you simply deciding. I know that nothing is impossible for you! I know this because I have experienced that nothing is impossible for myself. Allow me to now share with you how this all started.

I was a pop singer and songwriter in my native Australia and had a certain amount of success working six nights a week touring all over the country. I was persistent, and my bands were excellent. We worked hard. I co-wrote and recorded many, many songs; however, the big so-called lucky break seemed to elude me. I was persistent. I knew we were good. Our audiences loved us. We loved them. Why? Why wasn't the huge success I'd always dreamt of happening? What was the secret to success?

Then Bang! One night, on my way home from a gig, I was in a horrific car accident! My friend had fallen asleep at the wheel, and I, as the passenger, was crushed as the car hit a telephone pole. I had many injuries and broken bones, and I was told I would probably have numerous physical limitations. Many months passed in the hospital bed, and I underwent two very long major operations. I was very depressed, and I was in terrible physical pain.

A friend attempting to cheer me up gave me some motivational tapes to listen to, and as I was willing to try anything, I agreed to hear what they had to say. The first tape I listened to was Napoleon Hill's book "Think and Grow Rich". Hill said that he had healed his newborn sons hearing through autosuggestion. He spoke affirmations into his deaf son's ears every night for years. I thought if Mr. Hill healed his son, then I could also be healed.

I began speaking my affirmations out loud, however, it didn't seem to be working. Some teachers of New Thought have said that affirmations only work if you truly emotionalize the affirmations. I agreed at that time because I did not believe I would be completely healed. The doctors sure didn't say much. So, how were these affirmations ever going to work if I kept consciously rejecting them? I could not emotionalize that which wasn't true.

I would get disheartened and give up because of the physical pain I was experiencing from my many injuries.

I had a great thought one day that it would be easier to file the affirmations into my subconscious mind if I listened to them in song form. I asked my brother and some friends to please go and purchase some affirmation music. They looked everywhere, and there was no such thing as positive affirmations set to music. That is when my big epiphany hit me! I must write my own affirmation music. I then wrote my first affirmation song and recorded it on a little tape recorder right there in the hospital bed. *I Am Healed I Know I Am, I Love Myself I Am My Friend, As The Healing Light Of The Universe Surrounds and Goes Through Me, I Know That I Am Healed.*

Well, it worked. What the doctors thought was impossible became possible. My body was completely healed. It felt like a wonderful, magical, life changing, amazing, beautiful miracle.

As a singer and songwriter, I knew that once you have a jingle or pop song in your mind, it is there forever. The lyrics activate the logical left side of the brain, and the melody activates the right hemisphere of the brain, so you have a whole-brain experience. This way the conscious mind does not have an opportunity to reject the new thought. The affirmation plants itself as a positive seed into the subconscious mind. Then, the magic happens, and new trees of positivity begin to grow and fill our vibration with ideas of success, which then attracts to us, just like a magnet, wonderful experiences and healing.

I then realized what a HUGE EPIPHANY it was to put these affirmation songs to music. (Now called MusiVation™) What a moment of Satori. No one had done this before. It was a Divine Gift. I could see the reason that I was a singer and songwriter, and how my entire life had all lead to this moment. My purpose

was now clear: to spread this music to the world, to release suffering, and release poverty consciousness. I was healed, and I was experiencing such joy and newfound success. To me, it was a miracle.

I am going to show you how, in very simple steps, to uplift your life experience. We are going to keep it simple and spiritual. As I always say, K.I.S.S., or “keep it simple and spiritual.” In this book you will learn about the magic and power of affirmations combined with music which is the fastest way to begin to change your thinking to the positive.

I absolutely love my life now! All my dreams are continuously coming true. I have since created for myself a wonderful life, travelling around the world and experiencing a deep and meaningful life. God is truly good. I am becoming more awake and aware of this gift called life. It all started with a song that changed my life forever. Nothing is impossible. I am now walking perfectly and singing and teaching all over this beautiful world. I am a healthy, happy, and a very grateful soul.

I am going to gift you, for free, THREE of my favorite affirmation songs. I Am Healed, I Am A Magnet to Money and Step By Step I Will Persist Until I Succeed.

www.AffirmationPowerGifts.com



WHAT IS AN AFFIRMATION?

An affirmation is, an affirmation is, yes; it is something you say repeatedly. It is a statement of word, thought, feeling, or action which confirms a belief system or patterning that we hold in our subconscious mind. Now, these can be negative or positive. It's up to you to decide to choose negative or positive thoughts. For example, "I am miserable because my hair is falling out." Or, "I am now so happy because I no longer need my haircut." You see, it's all perspective. Your subconscious mind believes everything you tell it. The subconscious mind is subjective. If you tell it enough, it believes and manifests that thought and positive state of mind into your reality.

From now on, choose only positive statements. Repeat them over and over again. Your affirmations must always be stated in the now. Remember, the subconscious only knows now. If you say, "I wish to be rich and healthy," your subconscious will never know when you want it as you are only wishing. Instead say, *I am now! abundantly rich and healthy because I am earning more money every day and my income always exceeds my needs. Extra money comes to me every week through Divine Magical Happy Ways.*

You see, as far as your subconscious is concerned, everything is now. So, saying you want to be or you're going to be, or you wish to be, isn't now. You must always state it in the now, then set your goal and be specific.

Say right NOW:

*I am strong I am beautiful I only attract good in my life
I Am A Magnet to Money*

You become a magnet to what you are affirming. You are what you think about because thoughts become things. As you are reading this, if anything stands out, underline it. The more you understand, the more magnetic you become as your vibration quickens. When you use positive affirmations, you are feeding your subconscious with positive programming or conditioning. The process is simply planting good seeds of thought instead of bad. If you plant a strawberry seed, strawberries will grow. If you plant negative thoughts, only negative conditions will manifest.

Affirmations, as well as your goals, must be felt and believed. If they can't be felt and believed, use my affirmation songs or make up your own songs. It might sound repetitive, but I truly want you to get it, whatever your "it" is. Become magnetic with positive thoughts. Manifest your good now.

Singing along to musical affirmations is very powerful and so fast as every word plants itself straight into your subconscious mind. Even if you are simply listening to the music, allow it to go around and around in your mind. It is like, for example, a cat food jingle. Instead of hearing, "I love my kitty food," when you may not even own a cat, start singing to yourself the affirmation song I gifted to you earlier.

*I AM A MAGNET TO MONEY
I NOW HAVE MORE THAN I NEED
I AM A MAGNET TO MONEY
Money Money Loves Me*

I know what I prefer to be planting in my mind. Writing down your affirmations is also very powerful, as you are using most of your senses. Write these down a minimum of fifteen times every day, so that they will grow into a beautiful tree of prosperous thoughts. Write them in this book and whenever you

need a lift, open and read. I have left some pages at the end of the book for your notes.



**I BEGIN
STEP BY STEP.**

WHAT DO YOU WANT?

When you begin to write, listen, and sing your affirmations, make sure you are affirming what you want and not what you don't want. Here is an example, instead of saying, "I don't want to be fat anymore," say instead, *I am now at my perfect weight, looking good and feeling great!*

Create more joy and fun in your life. Life wasn't meant to be serious, and making money wasn't meant to be serious. Life is happening now, and you are here to enjoy every single moment. Your subconscious mind is a very obedient servant. Be clear that what you ask for is what you truly want to manifest. Otherwise, edit it from your mind. My good friend Bob Proctor has taught me a very quick and easy way to get a negative thought from the mind. Simply say, "Next!"

Next, affirmations are the foundation of your building. Think of it that way. The building is your goal, and your intention is to create. The affirmations support the building so that you can and will achieve all of your most loved goals. Continually feed yourself good thoughts, build up that foundation. You deserve the best! Say right now, *I am the best!*

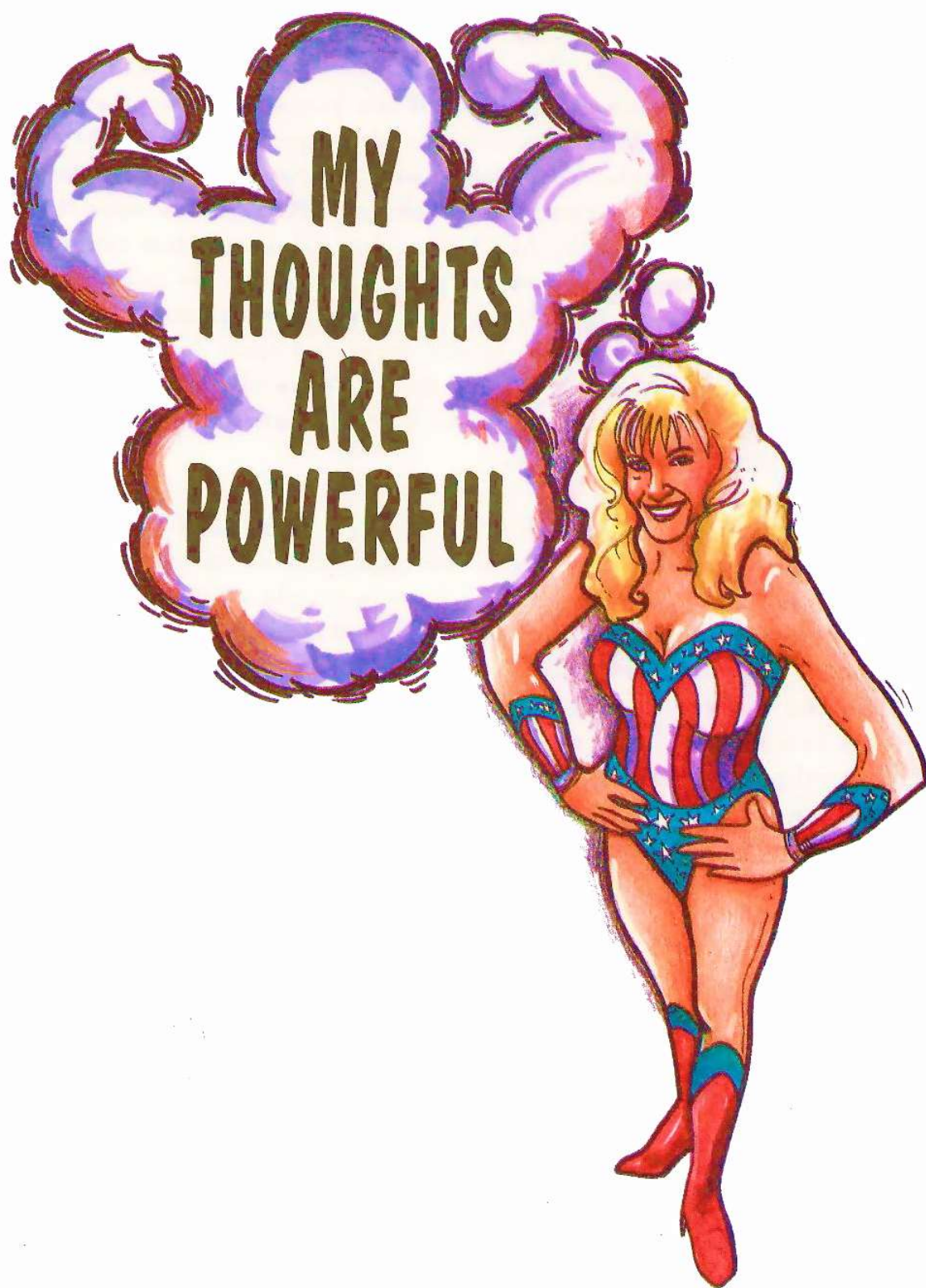
"I _____ am the best." Add your name.

Be careful of what you read. Don't allow other people to think for you. What you generally read about and hear in the news is unhealthy consumption. The truth is, there is far more good in this world than bad. If you were to interview people in the roughest and poorest neighborhood this very day, you would probably find they had a safe and relatively trouble-free day.

Most of what you read and hear in the news is magnified to sell. What do they say? Bad news sells. I'm telling you now that good news sells and will sell you on having a wonderful and exciting lifestyle. Only allow yourself to hear good news; be grateful, read positive books, listen to positive people, and positive music. Very soon, you will find you are attracting, just like a magnet, other positive people and positive opportunities. Actually, negative people may feel uncomfortable around you. Please never be concerned about what people think of you. Most people are only thinking about their own life, and not yours. As Terry Cole Whittaker says, "What other people think of me is none of my business."

You are a part of a universe that is abundantly unlimited. Therefore, being part of this universe, you are abundantly unlimited. Take a look at all the stars in the sky, the leaves on the trees, the grains of sand on the beach, as well as plants and animal life. We are living in absolute abundance. It is almost as if it were over-abundant. There is waste everywhere, and whoever told you that money doesn't grow on trees? Rubbish! Money does grow on trees. One form of money is what? That's right. Paper. What is paper made from? Yes, trees. Now other forms of money are gold, silver, copper, nickel, diamonds, opals, emeralds, and many more riches from our abundant Mother Earth. It is a recycling of nature into new energy forms and exchange.

Look at all that nature has to offer; The Divine does not skimp! We are all surrounded with abundance.



Feel grateful to The Divine and Focus on abundance. Write a gratitude list every night before going to sleep. The more you are grateful, the more you will attract what there is to be grateful for. It is a beautiful cycle of increase and joy.

When you start feeding your mind positive thoughts, you will attract creative ideas, perfect opportunities, and absolutely wonderful people. Yes, you become a magnet to all good experiences, including money. Then, the secret is to take action. When opportunities arrive, get up and take action. Then, and only then can you be a catalyst to show others how to experience the same. Be the example. Think about what you say. Know that you are creating your tomorrows with your thoughts today. Yes, I am repeating myself again for this is the so-called big secret. I love you, and I know you can do it. We are all from one mind. Feel the love I have for you and the love you have for yourself. We are from the same universe, and the same God of Love.

I also recommend you work out regularly as this will also raise your vibration and exercise makes one feel more positive.

Again, I am going to repeat myself. Only be with like-minded, happy, positive people. Go to seminars and workshops, and surround yourself in success. Surround yourself in abundance. If you must be with people whose energy is low or negative to you, change your thoughts about them. Everyone feels down sometimes, so have some compassion because the reason people get down is because they are in fear. You don't have to hang out with them, however, don't be so judgmental. We are all part of the omnipresent Divine. You will probably find as you change your thoughts about people, you will think they have changed. In reality, it is YOU who changes. Find something sincere to say to everyone, even if it is something as simple as, "How are the children?" or, "You're wearing a nice tie today." Everybody wants and needs to be acknowledged. So, begin today by

acknowledging yourself. Say right now, "I acknowledge myself and know my thoughts are powerful." Write in your name:

*I, _____ acknowledge myself
and I know my thoughts are powerful.*